



Regional Spotlight on New Hampshire's Monadnock Region

On the map [New Hampshire](#) may seem like a small state, but in fact, it features seven distinct tourism regions. From historic river valleys to the soaring peaks of the highest mountains in the Northeast, each of the regions offers a wide variety of things to enjoy throughout the year.

New Hampshire's Monadnock Region is an expanse of rolling farmland, quintessential small towns and the towering Mount Monadnock in the southwestern corner of the state. Home to seven state parks, this region contains popular locations for hiking, camping, fishing, skiing and snowmobiling.

The key geographic feature of the region, and where the region takes its name, is 3,165 foot [Mount Monadnock](#), known to be one of the Western Hemisphere's most hiked mountains. Historical figures such as Henry David Thoreau, Ralph Waldo Emerson, Mark Twain and others are said to have hiked this mountain and have written about it as a symbol of spiritual and environmental awareness. From the top, hikers can take in magnificent views of all six New England states.

The region also contains some of New Hampshire's most scenic roadways and is dotted with historic covered bridges, which truly come to life during the peak of autumn. In addition, there are many small farms throughout the region which produce cheese, maple syrup and fruits and vegetables. Families will be particularly drawn to [Friendly Farm](#) in Dublin and [Stonewall Farm](#) in Keene where they can visit to pet farm animals and to indulge in hay rides, sleigh rides, nature walks, and other outdoor fun.

For more information, visit www.visitnh.gov

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ABOUT THE DIVISION OF TRAVEL AND TOURISM DEVELOPMENT

The Division of Travel and Tourism Development, as part of the New Hampshire Department of Resources and Economic Development, works with the state's seven travel regions to increase visitation, travel and visitor expenditures in order to expand business activity and employment throughout the state. The division is responsible for domestic and international advertising and public relations, literature publication and distribution, www.visitnh.gov administration, grant administration and research to monitor and measure the impact of travel and tourism to the state. For more information about New Hampshire tourism, call 603-271-2665 or visit www.visitnh.gov.