

## Best autumn hikes in the White Mountains

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**CRAWFORD NOTCH, N.H.** — The Appalachian Mountain Club has a new online guide that lists recommendations for top 10 fall foliage hikes in New Hampshire's White Mountains.

You can download free maps and trail descriptions at [www.outdoors.org/lodging/fallguide.cfm](http://www.outdoors.org/lodging/fallguide.cfm).

The 10 hikes recommended by the AMC for leaf-peepers are:

**Lost Pond:** An easy hike on the Appalachian Trail to Lost Pond, which includes views of Mount Washington, the highest mountain in the Northeast.

**Elephant Head:** A short, easy climb to a ledge overlooking a view of Crawford Notch and AMC's Highland Center.

**Zealand Falls:** A moderate hike past beaver ponds and meadows to the scenic falls and the AMC's Zealand Falls Hut.

**Square Ledge:** A rugged but easy, short trip for views overlooking Pinkham Notch to Mount Washington ravines.

**Mount Willard:** An easy-to-moderate hike up Mount Willard, a low peak overlooking Crawford Notch with fine views of the White Mountains.

**Thoreau Falls:** A moderate, longer alternative to visiting Zea-

land Falls Hut, continuing past the hut into Zealand Notch and a view ledge atop Thoreau Falls.

**Franconia Ridge:** A strenuous but spectacular loop hike over Mount Lafayette and Mount Lincoln, past AMC's Greenleaf Hut.

**Carter Dome Loop:** A strenuous loop hike over two high summits past AMC's Carter Notch Hut and continuing over Carter Dome and Mount Hight, considered the best viewpoint on the Carter Range.

**Arethusa-Ripley Falls Trail:** An easy-to-moderate hike to Arethusa Falls and Ripley Falls, New Hampshire's two highest waterfalls.

**Mount Pierce:** A moderate loop hike on the Crawford Path, the oldest continuously maintained footpath in the U.S., and also partly along the Appalachian Trail for above-treeline views on Mount Pierce, passing AMC's Mizpah Spring Hut on the return.

