New Hampshire
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Image Courtesy: Eastman's Docks

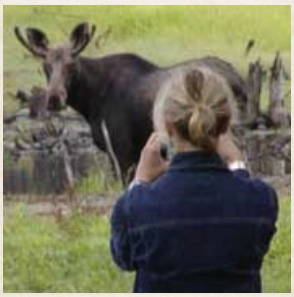
Image Courtesy: Outdoor ESCAPES

Image Courtesy: Attitash

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NEW HAMPSHIRE'S ADVENTURE TOUR

For the New Hampshire Adventurer

Best Time to Visit: June through October

Day 1 – The Ocean

- Begin your New Hampshire adventure with a half-day deep sea fishing trip at Eastman's Docks or Smith & Gilmore Deep Sea Fishing, both off the Hampton Beach (1) coast.
- Drive to Portsmouth (2) for lunch, where there are over 60 restaurants to choose from.
- Burn off lunch with your choice of a guided biking adventure with Papa Wheelies Bike Shop (3) in Portsmouth or ocean kayaking from Portsmouth Kayak Adventures.

Day 2 – The Mountains

- Leave early for North Conway (4) where you can take your choice of a guided mountain hike or canoe trip with Appalachian Mountain Club, Outdoor ESCAPES, Saco Bound or Great Glen Trails in the exciting White Mountain National Forest.
- Return to North Conway for an afternoon of tax-free shopping at Settlers' Green Outlet Village (5) or at the boutique shops of North Conway Village.
- Wind down with a cold one from Tuckerman's Brewing Company (6).

Day 3 – Yoga and Mountain Tours

- Wake up in the morning for a yoga class on a mountaintop with a Symmetree Yoga Hikes in the Whites Tour (7).
- After lunch, head to Cranmore Mountain (8) for a Mountain Segway Tour or a canopy tour adventure.
- Enjoy a calm evening by taking a Conway Scenic Railroad train ride or golfing in Jackson (9).

Day 4 – Slides and Zip-Lines

- Take a drive to Attitash (10) for the alpine slides, horseback and scenic skyrides.
- Drive across the Kancamagus Scenic Byway (11) to Lincoln.
- Eat a quick lunch before checking into Alpine Adventures (12) for a zip-line ride or safari tour.

Day 5 – Franconia Notch State Park

- Head over to Lost River Gorge & Boulder Caves in North Woodstock (13).
- Drive North on to the Flume Gorge (14), an 800-foot gorge at the base of Mount Liberty. Stroll between 90-foot granite walls and past cascading waterfalls.
- Enjoy a picnic lunch in the picnic area at the access trail to The Basin (15). When you've finished eating, follow the walking path to the bottom of a waterfall to find a 15,000 year old "pothole" about 20 feet across.
- Drive further North to Cannon Mountain (16) and take a tram ride to the top.

Please contact the New Hampshire Division of Travel and Tourism Development for assistance finding group-friendly overnight and meal options.

LIVE FREE and *experience*

NEW HAMPSHIRE'S
ADVENTURE TOUR
Itinerary Map

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