

NEW HAMPSHIRE'S PLAY WITH YOUR FOOD TOUR

Art, Culture and Culinary Experiences

Suggested Group Itinerary

Best Time to Visit: Late Spring through Early Fall



Culinary creations have become a form of art. Inspirations from across New Hampshire have merged giving visitors a one-of-a-kind taste of New Hampshire. Eat and drink your way through New Hampshire while experiencing the state's cultural and historical significance. This tour will take you through some of the most celebrated destinations in a creative and scrumptious way.

Day 1

- Wake up with a hot cup of coffee and a bite to eat at [The Metropolitan Coffee House and Fine Art Gallery \(1\)](#), where the coffee is locally roasted and the walls are adorned with works of art featuring artists of the Mt. Washington Valley.
- Hop on the Chocorua at [Conway Scenic Railroad \(2\)](#) for a lunch aboard their historically restored dining car with scenic views.
- Peruse the stores and do a little tax-free shopping at [Settlers' Green Outlet Village \(3\)](#). Be sure to stop at [White Mountain Cupcakery \(4\)](#) to sample some of their many flavors, some of which were featured on Food Network's Cupcake Wars. ©
- **Midweek Option:**
Enjoy dinner accompanied by a story from [New Hampshire's Storytelling Alliance \(5\)](#) at [Mt. Washington Cider Company \(6\)](#). Arrive early and explore the Red Barn Country Store to sample the Cider Co.'s own cider donuts and cider.
- **Weekend Option:**
Enjoy a wood-fired pizza from the [Red Fox Bar & Grille \(7\)](#).



Day 2

- Head south to Wolfeboro, America's oldest summer resort.
- From there, board the [M/S Mount Washington \(8\)](#) for a one-way scenic lunch cruise across Lake Winnepesaukee, the largest lake in New Hampshire, to Meredith.
- Meet up at the Mill Falls at the Lake for a glass of wine and an instructed painting class provided by [The Canvas Roadshow \(9\)](#). Sip, relax and paint your own masterpiece inspired by a classic master.
- Head to [NASWA Resort's NazBar & Grill \(10\)](#) for a private beach party and beachside BBQ dinner.



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Day 3

- Wake up to waffles and pancakes served by [Kellerhaus \(11\)](#), New Hampshire's oldest chocolate maker. Experience chocolate-making first hand with a workshop where you will make your own sweet treats for later.
- Journey to the seacoast, stopping at [Redhook Brewery \(12\)](#) for a tour and tasting. Enjoy some tasty pub style food in the Cataqua Pub paired with Redhook brews.
- Explore downtown Portsmouth during your free time before dinner.
- Enjoy a uniquely inspired menu during a themed dinner at [Stages at One Washington \(13\)](#). Each themed dinner is significantly different and the inspiration for each comes from the featured guests speciality



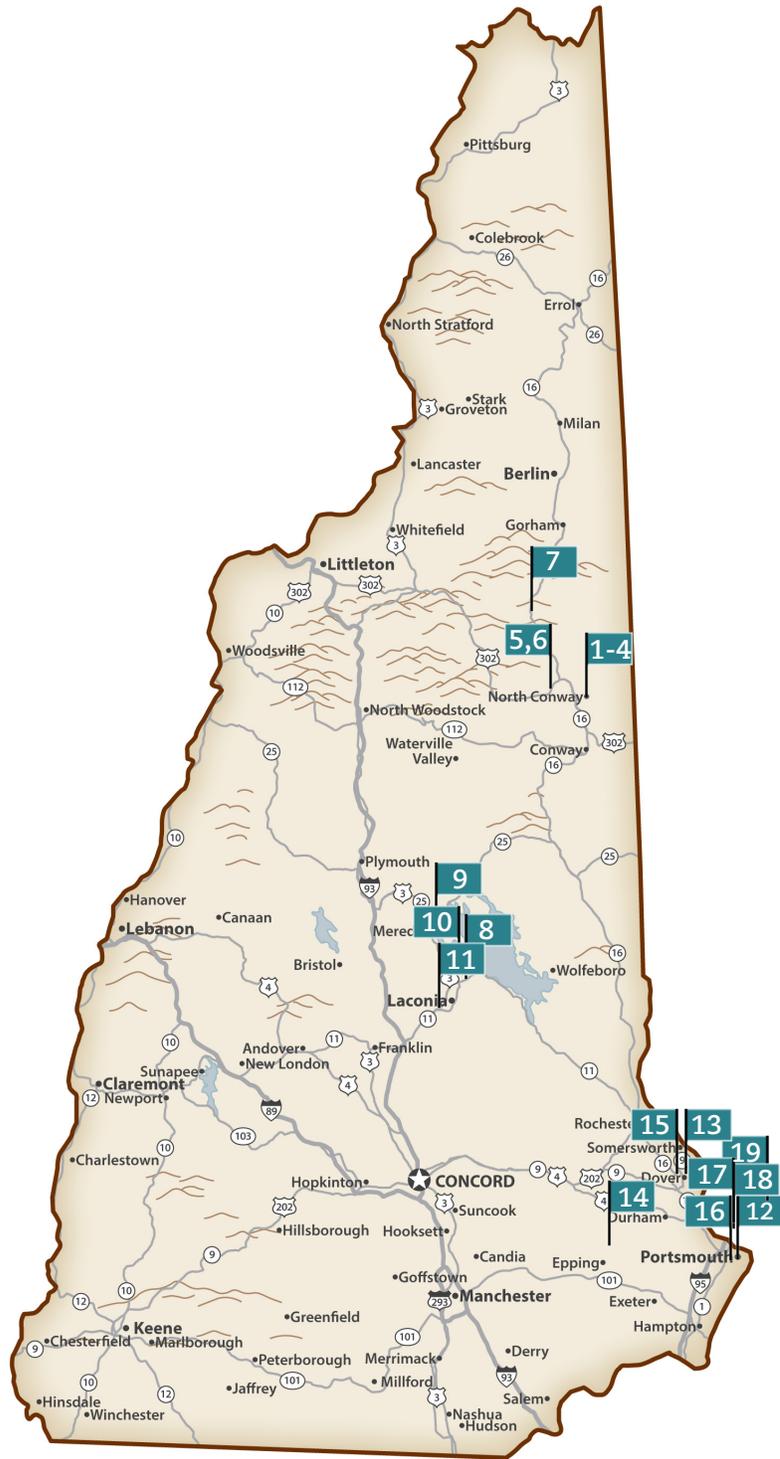
Day 4

- Start the day off with a seated wine tasting and learn how vodka is made as you tour [Flag Hill Winery & Distillery \(14\)](#).
- Head to Henry Law Park in Dover and enjoy a picnic lunch along the water catered by [Juice Burger \(15\)](#), a farm-to-sidewalk foodtruck.
- Take in the sights of the seacoast aboard the chartered MV Heritage as you cruise along the Piscataqua River learning about the history and significance of [Portsmouth Harbor \(16\)](#) with Portsmouth Harbor Cruises.
- Relax and experience a traditional New England seafood dinner at [Jumpin' Jays Fish Café \(17\)](#). Be sure to sample their crab cakes, voted best in NH by NH Magazine.
- End the day with a performance or show at the historic [Music Hall \(18\)](#).
- Be sure to check out events going on at [Prescott Park \(19\)](#) when visiting Portsmouth.



NEW HAMPSHIRE'S PLAY WITH YOUR FOOD TOUR

Itinerary Map



New Hampshire's PLAY WITH YOUR FOOD TOUR

Additional Information

The Metropolitan Coffee House & Fine Art Gallery, North Conway

Contact: Max or Lory, contact@metcoffeehouse.com

603-356-2332 • metcoffeehouse.com

Voted "Best Coffee House in the North Country" by New Hampshire Magazine, the Metropolitan Coffee House features fresh and locally roasted coffee, sweet and savory crepes, a gelato house with 28 different flavors, scenic mountain views and works of art produced by Mount Washington Valley artists.

Conway Scenic Railroad, North Conway

Contact: Sandra Jarvin, sandyj@conwayscenic.com

603-356-5251 • conwayscenic.com

Offers seasonal rail passenger excursions aboard restored historic railcars powered by steam or diesel. They also offer lunch or dinner rides. Special excursions and events are also available to groups of 20 or more people.

Settler's Green Outlet Village, North Conway

Contact: Laura Tuveson, marketing@ovpmanagement.com

603-356-7031 • settlersgreen.com

Settler's Green offers tax-free outlet shopping at over 60 name brand outlet stores and specialty shops.

White Mountain Cupcakery, North Conway

Contact: Katherine Rassi Iannuzzi, info@wmcupcakery.com

603-730-5140 • wmcupcakery.com

Serving over 500 fresh baked cupcakes daily, in a variety of flavors, piled high in butter cream.

New Hampshire's Storytelling Alliance, Statewide

Contact: Peter Brodeur, president@nhstorytelling.org

603-735-5965 • nhstorytelling.org

Promotes the oral tradition of storytelling in all its forms: traditional, creative, educational, cultural, personal and therapeutic.

White Mountain Cider Company, Glen

Contact: Teresa Sterns, wesqueeze@ciderconh.com

603-383-4414 • ciderconh.com

This award winning restaurant can accommodate groups of 50 or less. It also features its very own Cider Mill, pressing fresh cider from mid-September through early December. The country store features donuts and cider year round.

Red Fox Bar & Grille, Jackson

Contact: Sandy Lewis, sandradeejean@gmail.com

603-383-4949 • redfoxbarandgrille.com

Offering 5 dining rooms and a bar, each with its own unique mood. Enjoy an authentic culinary experience with wood-fired pizza and much more. Can accommodate groups of up to 150 in the west side dining room.

Mount Washington Scenic Cruise, Laconia

Contact: Carol Morash or Chris Secord, info@cruisenh.com

603-366-5531 • cruisenh.com

Day, evening, sunset, dance and brunch cruises. From May to October, the 230 foot M/S Mount Washington cruise visits 5 ports around Lake Winnepesaukee, the third largest lake in New England. Groups can take a one-way cruise across the lake.

The Canvas Roadshow, Meredith

Contact: Debbie Ellis, info@thecanvasroadshow.com

603-943-2103 • thecanvasroadshow.com

Paint, sip wine and relax as you learn to put your own twist on a classic with the artists from The Canvas Roadshow. These artists will lead a group class at either Mill Falls or Sacred Waters Yoga Studio by request.

NASWA Resort, Laconia

Contact: Sarah Benoit, groupsales@naswa.com

603-366-4341 • naswa.com

The NazBar & Grill offers lunch or dinner along the water's edge and is fully tented and heated. Choose from a Lakeside Luau or Beach BBQ or talk to them about your own idea.

Kellerhaus, Laconia

Contact: Mary Ellen Dutton, med03247@yahoo.com

603-366-4466 • kellerhaus.com

Kellerhaus is New Hampshire's oldest candy maker, featuring ribbon candy and an ice cream smorgasbord. Groups can enjoy a delicious chocolate making workshop.

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Additional Information

Redhook Brewery, Portsmouth

Contact: Amber Lorden, cataquabrewerytours@redhook.com

603-501-3940 • redhook.com

Redhook offers American Style pub food and a wide variety of Redhook brews, many of which are only served at the brewery. The expansive grounds are home to many events and festivals in the summer. Redhook offers walking brewery tours, history and a sampling session.

Stages at One Washington, Dover

Contact: Evan Hennessy reservations@stages-dining.com

603-842-4077 • stages-dining.com

The restaurant offers themed dinners with creative and unique tasting menus. Each dinner is significantly different and changes in theme depending on the hosting guest; visiting chefs, vineyards and breweries.

Flag Hill Winery & Distillery, Lee

Contact: Christine Falbe, wine-info@flaghill.com

603-659-2949 • flaghill.com

Flag Hill is New Hampshire's first distillery since the Prohibition. In 2004, they began producing high quality distilled spirits, vodka and apple brandy. For groups of at least 25 people, luncheon service can be provided.

Juice Burger, Dover

Contact: John Thompson, jt@juiceburger.com

207-351-7792 • juiceburger.com

Farm-to-sidewalk food truck offering high quality, made from scratch street food. 100% of their raw materials are sourced from local suppliers and they strive to work with only organic, GMO-free farms.

Portsmouth Harbor Cruises, Portsmouth

Contact: Karen Goldthwaite, phc@portsmouthharbor.com

603-436-8084 • portsmouthharbor.com

Journey down the Piscataqua River, enjoying a narrated tour detailing 400 years of local history, from the settlement of Portsmouth in 1623 to the harbor's roles in today's economy and defense of the nation. Views include lighthouses, mansions, submarines and forts.

Jumpin' Jays Fish Café, Portsmouth

Contact: Staci Garstka, info@jumpinjays.com

603-766-3474 • jumpinjays.com

Recognized as the best seafood restaurant in New Hampshire, Jumpin' Jays features traditional New England flavor with fresh fish arriving daily from local fisherman.

The Music Hall, Portsmouth

Contact: Monte Bonanan, mbohanan@themusichall.org

603-436-2400 • themusichall.org

This 900-seat theater, built in 1878, stages concerts, plays, movies and book readings. The theater invites student groups to perform on stage when there isn't a scheduled performance.

Prescott Park, Portsmouth

Contact: Ben Anderson, info@prescottpark.org

603-436-2848 • Prescottpark.org

Prescott Park is known for presenting music, art, theater and dance on the banks of the Piscataqua River during its annual Summer Arts Festival. There are plenty of other events throughout the year including the annual Chili Fest, Fishtival and much more.