Regional Spotlight on New Hampshire’s Dartmouth/Lake Sunapee Region

On the map New Hampshire may seem like a small state, but in fact, it features seven distinct tourism regions. From historic river valleys to the soaring peaks of the highest mountains in the Northeast, each of the regions which offers a wide variety of things to enjoy throughout the year.

New Hampshire’s Dartmouth/Lake Sunapee Region, is home to Dartmouth College, the idyllic towns of Hanover and Lebanon and nearby mountain and lake communities of Mt Sunapee. This distinctive region is located in the western part of the state with the Connecticut River running alongside the western border.

Explore the picturesque small towns and rolling farmland, the Upper Valley is the heart of New England and is frequently cited for its high quality of life. Visitors to the region often come in search of peace, tranquility and the scenic vistas, and will appreciate the lively arts scene. A must see during the summertime is the annual League of New Hampshire Craftsmen Fair at Mount Sunapee Resort, the longest running craft fair in the US featuring master artisans offering demonstrations throughout the 9 day event.

The college town of Hanover comes to life when Dartmouth is in session and features a bustling Main Street with a large variety of shops and restaurants. Just down the road in Cornish, spend time exploring Saint-Gaudens National Historic Park, New Hampshire only national park, and the home of one of America’s greatest sculptors, Augustus Saint-Gaudens.

For more information, visit www.visitnh.gov

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ABOUT THE DIVISION OF TRAVEL AND TOURISM DEVELOPMENT

The Division of Travel and Tourism Development, as part of the New Hampshire Department of Resources and Economic Development, works with the state’s seven travel regions to increase visitation, travel and visitor expenditures in order to expand business activity and employment throughout the state. The division is responsible for domestic and international advertising and public relations, literature publication and distribution, www.visitnh.gov administration, grant administration and research to monitor and measure the impact of travel and tourism to the state. For more information about New Hampshire tourism, call 603-271-2665 or visit www.visitnh.gov.